

Roy Royce meets the Early Years Learning Framework in Australia

Learning outcomes taken from the Early Years Learning Framework in Australia nationally endorsed by the Council of Australian Governments (July 2009)

BELONGING, BEING & BECOMING - Focus Area: Food & Nutrition

	Learning outcomes	Examples within context	Recommended links to Roy Royce: A healthy choice
1. Children have a strong sense of identity	Children feel safe, secure, and supported.	Children feel safe to express their feelings and ideas about their own food choices in a group setting.	Book: "Did Roy Royce make a healthy choice? Food choices" Reading notes provide a helpful guide to questioning to prompt children to express personal opinions about food choices, specifically in relation to the story text and pictures.
	Children develop their emerging autonomy, inter-dependence, resilience and sense of agency.	Children explore their own health behaviours and recognise they are responsible for making their own food choices.	Flashcard activity: Lollies Introduces children to the questioning of food choices to explore healthier options. Flashcard activities: Water & Lemonade Partner cards support food/drink comparisons and allow children to further explore choices.
	Children develop knowledgeable and confident self-identities.	Children share what foods they cook and eat in the family home, learning to acknowledge and appreciate diversity in others.	Flashcard activity: Corn Allows children to share how their families prepare/cook foods and to identify their own personal involvement in the process.
	Children learn to interact in relation to others with care, empathy and respect.	Children constructively contribute to food activities in different size groups, and display respect for other group members.	Flashcard activity: Fruit Allows children to work together in groups to create a collage of different coloured fruits and vegies.
2. Children are connected with and contribute to their world	Children develop a sense of belonging to groups and communities and an understanding of the reciprocal rights and responsibilities necessary for active community participation.	Children feel they belong in their adventure team and respond positively to other group members.	Flashcard activity: Sticky buns Allows children to reflect on being part of their adventure team and what it means to be a responsible team member.
	Children respond to diversity with respect.	Children listen to others and appreciate both similarities and differences in individual health behaviours.	Flashcard activity: Vegetables Involves children preparing/cooking food at home with their families and importantly listening to and sharing their own food experiences with the rest of their team.
	Children become aware of fairness.	Children display socially inclusive behaviours during group activities.	Flashcard activity: Banana Sees children participating in a dance game which involves children interacting and working together to create different shapes with their bodies.
	Children become socially responsible and show respect for their environment.	Children develop their awareness and appreciation for our environment, particularly active spaces and how to use these areas appropriately.	Flashcard activity: Grain foods Sees children exploring their outdoor environments to identify active spaces and games they could play together.

3. Children have a strong sense of wellbeing	Children become strong in their social and emotional wellbeing.	Children embrace activities and enjoy cooperating with group members while demonstrating self-regulation of emotions.	Flashcard activities: Radish & Cake Enables children to demonstrate key behaviours and taste different healthy foods while showing the ability to share with others and effectively manage social challenges.
	Children take increasing responsibility for their own health and physical wellbeing.	Children show an increasing awareness of healthy food choices and display an enthusiasm toward active play.	Flashcard activity: Milk Sees children developing their own rules to promote healthy food/drink choices and to promote getting active every day.
4. Children are confident and involved learners	Children develop dispositions for learning such as curiosity, cooperation, confidence, creativity, commitment, enthusiasm, persistence, imagination & reflexivity.	Children display interest in exploring ideas and health learnings, even when faced with challenging circumstances.	Flashcard activities: Lemonade, Chocolate milk & Orange Juice All of these activities enable children to practically explore popular 'sometimes' drinks and encourages them to question their consumption behaviours.
	Children develop a range of skills and processes such as problem solving, enquiry, experimentation, hypothesising, researching and investigating.	Children reflect on their own health behaviours and experiences with food to engage with adventure activities.	Flashcard activity: Vegetables Sees children engaging with food preparation/cooking in the family home and sharing experiences with the rest of the group. Flashcard activity: Grain foods Allows children to investigate the outdoors and identify active spaces for play.
	Children transfer and adapt what they have learned from one context to another.	Children engage with key health learnings at pre-school and are able to apply new knowledge in their home environments.	Flashcard activity: Carrot Encourages children to identify healthy foods in their lunchbox and become engaged with what goes into their lunchbox in the home environment.
	Children resource their own learning through connecting with people, place, technologies and natural and processed materials.	Children explore food ideas in groups using imagination, creativity, art, information technology and active play.	Flashcard activity: Fruits Allows children to work together in groups to create a collage of different coloured fruits and vegies.
	Children interact verbally and non-verbally with others for a range of purposes.	Children engage in group conversation and use play, music and art to further explore health concepts.	Flashcard activities: Banana & Sticky buns Involves children dancing to music and playing together to complete a movement-based challenge.
5. Children are effective communicators	Children engage with a range of texts and gain meaning from these texts.	Children enjoy and engage with e-book text, drawing meaning and responding to key questions.	Book: "Did Roy Royce make a healthy choice? Food choices" Teacher notes provide a helpful guide to questioning to prompt children to express personal opinions about food choices, specifically in relation to the story text and pictures.
	Children express ideas and make meaning using a range of media.	Children use art, dance, movement, music, and role playing to create meanings in response to challenges.	Flashcard activity: Capsicum Sees children role-playing together in a fruit and vegie market to sell their favourite fruit or vegie to the rest of their group.
	Children begin to understand how symbols and pattern systems work.	Children listen and respond to sounds and patterns in speech, stories and rhyme.	Flashcard activity: All By using all cards children are able to use pictures to group foods into key categories.
	Children use information and communication technologies to access information, investigate ideas and represent their thinking.	Children engage with e-book on computer or tablet to navigate story and support key health learnings.	Book: "Did Roy Royce make a healthy choice? Food choices" Sees children using computer or tablet technologies to independently navigate pages.